



BOTOX® POST TREATMENT INSTRUCTIONS

- Try to exercise your treated muscles for the first hour after treatment (frown, raise your eyebrows, and squint)
- Avoid lying down for 4 hours after treatment
- Avoid strenuous exercise for 12 hours after treatment
- Do not rub or massage the area for 24 hours after treatment
- Tiny bumps or marks at the injection sites usually disappear after several hours
- If you need to apply make-up within 4 hours of treatment, use a GENTLE touch and avoid rubbing injection areas

IMPORTANT REMINDERS

- It usually takes up to 14 days for full treatment effects to appear. Please wait at least 14 days before assessing your treatment results
- Results last 3-4 months on average, but last longer if regular treatments are maintained
- Regular treatment is necessary to maintain results. For best continued results, return once your muscle activity recovers but before your skin creases have returned
- You may return after 2 weeks to see how your facial muscles reacted to treatment. If you require more product to fine tune or adjust your treatment results, it will be performed at this appointment at an additional cost

If you have any questions or concerns, please contact the Allur MedSpa at 585.955.3357. In the unlikely case of an emergency, if there is no answer at the above number please call 585.723.6516.